

## Effective Supervision and Coaching: A Matter of Reflection?

In high quality implementation, supervision and coaching are resource intensive, quality assurance mechanisms that are often provided to social service practitioners in one form or another. What a supervisor does in supervision however is commonly left to individual preference, professional requirement, or supervisor orientation. What does the research tell us about supervision and coaching and its relationship to achieving positive outcomes for clients in the implementation of evidence based or evidence informed models? What does this mean for the provision of clinical supervision and coaching? See a demonstration of supervision and consultation that does improve client outcome which highlights the key components of problem solving, accountability, adherence, skill building, worker development, and symptom monitoring.